## ABSTRACT OF THE DISCLOSURE

A system and method to enable establishment of long distance call connections, from a personal communication such as a personal wireless digital assistant (PCA), assistant, via a packet network, such as the Internet is The system includes a call completion provided. application adapted for communication with a long distance service provider server for establishing a cost effective long distance call connection. The system is further adapted to provide call scheduling and point of presence (POP) optimization within the PSTN.